



QYC News

www.quakertownwrestling.com

Volume 7, Issue 7

January 11, 2010

Message from Coach Paul

Great job to both our JV and exhibition at the Nazareth tournament on Saturday.

This weekend, January 16th, QYC will be hosting Pennridge, Northern Lehigh (makeup) and Council Rock. Please plan to arrive at the high school between 8:00 and 8:15 a.m.

January 23rd QYC vs. Upper Perk @ Upper Perk Middle School. Please arrive by 8:30 a.m. Weigh in will be at 9:00 a.m. Directions will be given out in next week's newsletter.

Team pictures date/time will be announced next week. Our annual Night at the Races will be held sometime in March. More information, including date and time will be forthcoming.

Saturday is going to be a full day so we are asking for your help at the snack stand. Please make sure you sign up to help.

QYC Apparel

If you are interested in ordering QYC apparel, there will be order forms available outside the wrestling room. Orders will be taken until January 15th. Please give your order form with a check for full payment to any board member or coach.

QYC Team Schedule

Saturday, 16th – QYC vs. Pennridge, Northern Lehigh and Council Rock

Location: QHS

Arrival: 8:00 – 8:15 a.m.

Weigh In: 8:30 a.m.

Coaching Staff

Group 1:	Paul Edwards	215-538-1745	267-241-9649
Group 2:	Scott Frinzi	215-536-7091	267-374-6425
Group 3:	Paul Edwards	215-538-1745	267-241-9649
	Scott Frinzi	215-536-7091	267-374-6425
	Bill Campbell	215-538-9959	215-290-1239

If you have any questions or concerns, please address them with the appropriate coach. If you will miss practice or a match, please let the coaches know as soon as possible.

QYC Dates to Remember

1/11: Group 1 and 2 Practice
 1/12: Group 3 Practice
 1/13: Group 1 and 2 Practice
 1/14: **Group 3 Practice (Strayer MS)**
 1/15: Group 3 Practice . 6:30 p.m.
 1/16: **QYC vs Pennridge, Northern Lehigh and Council Rock @ QHS**

1/19: Group 3 Practice
 1/20: Group 1 and 2 Practice
 1/21: Group 3 Practice
 1/22: Group 1 and 2 Practice
 1/23: **QYC vs. Upper Perk @ Upper Perk @ 8:30 a.m.**
 1/25: Group 1 and 2 Practice
 1/26: **Group 3 Practice @ Northampton**
 1/27: Group 1 and 2 Practice
 1/28: Group 3 Practice
 1/29: Group 3 Practice
 1/30: **QYC vs. Lehighton @ Pennridge**

Upcoming Team Meets

Saturday, January 16th . QYC vs. Pennridge/Northern Lehigh and Council Rock @ QHS
Saturday, January 23rd . QYC @ Upper Perk . a.m.
Saturday, January 30th . QYC vs. Lehighton @ Pennridge
Sunday, January 31st . QYC vs. Northwestern/E. Stroudsburg @ Northwestern

Snack Stand

Help is needed at the snack stand this weekend. You won't miss your child's match and you will really be helping the organization. A sign up sheet will be posted in the lobby outside of the wrestling room. Please see Deb Hadley (Group 3) or call her at 215-536-4299.