



QYC News

www.quakertownwrestling.com

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January 4, 2010

Message from Coach Paul

Welcome back from the holidays! Hope everyone had an enjoyable holiday and well deserved rest.

Our match against East Stroudsburg for this weekend has been postponed until January 31st when we will have a dual meet with Northwestern Gold and East Stroudsburg @ Northwestern. More information will be forthcoming.

This weekend, January 9th, QYC is paying for Exhibition and JV wrestlers interested in going to the Nazareth Midget Rookie Tournament. Paperwork will be handed out at practice and must be filled out and handed back in as soon as possible to one of the coaches. QYC will cover the costs for Varsity Wrestlers to participate in the Hopatacong tournament on Sunday, January 10th. On line registration must be done by Thursday evening. See further information on the right side of this page.

QYC Apparel

If you are interested in ordering some QYC apparel, there will be order forms available outside the wrestling room. Orders will be taken over the next couple of weeks. Please give your order form and money to a board member.

QYC Team Schedule For Exhibition and JV

Saturday, January 9th – Nazareth Tournament

Location: Nazareth Area Middle School

Arrival: 7:30 – 8:00 a.m. Pee Wee & Midget

Arrival: 11:30a.m. – 12:00 p.m. – Bantam & Junior

Pee Wee . ages 5-6 / **Bantam** – ages 7-8

Midget – ages 9-10 / **Junior** – ages 11-12 (no 7th graders)

Honor Weigh in

Directions: From 1-80 take exit 302A for route 33 S to the Stockertown/Nazareth exit. Turn right off the ramp onto 191, go past the 7-11 store to stop sign and turn left onto E. Center St. to the school. From 1-78 or Rt. 22 take exit for Rt. 33 North to the Stockertown/Nazareth exit. Turn left off ramp onto route 191, go past the 7-11 store to stop sign and turn left onto E. Center St. to the school.

Coaching Staff

Group 1: Paul Edwards 215-538-1745 267-241-9649

Group 2: Scott Frinzi 215-536-7091 267-374-6425

Group 3: Paul Edwards 215-538-1745 267-241-9649

Scott Frinzi 215-536-7091 267-374-6425

Bill Campbell 215-538-9959 215-290-1239

If you have any questions or concerns, please address them with the appropriate coach. If you will miss practice or a match, please let the coaches know as soon as possible.

QYC Dates to Remember

1/4: Group 1 and 2 Practice

1/5: Group 3 Practice . 6:00 p.m.

1/6: Group 1 and 2 Practice

1/7: Group 3 Practice

1/8: Group 3 Practice . (Shelly's) . 6:30 p.m.

1/9: Nazareth Tournament

1/11: Group 1 and 2 Practice

1/12: Group 3 Practice

1/13: Group 1 and 2 Practice

1/14: Group 3 Practice (Strayer MS)

1/15: Group 3 Practice . 6:30 p.m.

1/16: QYC vs Pennridge @ QHS

1/19: Group 3 Practice

1/20: Group 1 and 2 Practice

1/21: Group 3 Practice

1/22: Group 1 and 2 Practice

QYC Team Schedule for Varsity

QYC will be paying for the Varsity team to enter the Hopatcong tournament this Sunday, January 10th. This is a 6 man round robin so wrestlers should get 5 matches. Anyone else who is interested can enter the tournament as it is an open tournament, however QYC will only pay for one event per wrestler, so if you are wrestling with QYC on Saturday at Nazareth, you are responsible for your registration fees on Sunday. You must register on-line by Thursday night. The website is <http://www.hopatcongjrchiefs.org>

Upcoming Team Meets

Saturday, January 16th . QYC vs. Pennridge/Council Rock @ QHS

Saturday, January 23rd . QYC @ Upper Perk

Saturday, January 30th . QYC vs. N. Lehigh/Lehigh @ QHS

Sunday, January 31st . QYC vs. Northwestern/E. Stroudsburg @ Northwestern

