



# QYC News

[www.quakertownwrestling.com](http://www.quakertownwrestling.com)

Volume 7, Issue 1

November 12, 2009

## Message from Coach Paul

Welcome to QYC. The season is well underway and we are in our 4th full week of practice. I hope everyone is getting adjusted to the schedule and having fun with wrestling. This is our first edition of our weekly newsletter containing important dates and information on upcoming events. Information and updates can also be found on our website. If you have any questions throughout the season, please don't hesitate to address them to the coaching staff. The next few weeks will be very busy with getting ready for and starting our dual match schedule. Wrestle offs will be starting next week and we will open our season against the Little Royals on Saturday, December 5<sup>th</sup>.

**REMINDER TO ALL WRESTLERS:** We are **ONE** team regardless of whether you are a varsity, junior varsity or exhibition wrestler. You are expected to sit together and watch and cheer on each of the teams as they wrestle. If you have to leave the match early, you must have permission from a coach.

**Singlets** will be distributed starting the end of next week. Everyone will get a singlet before our first match. If anyone has a singlet from last year, please contact Deb Hadley as soon as possible.

## QYC Team Schedule

**Saturday, December 5: QYC vs. Little Royals** for Varsity, JV and Exhibition

**Location:** Strayer Middle School

**Arrival 12:00 Weigh-In: 12:30 (more details to come)**

## Wrestle-offs to Start Week of 11/16

For the new parents in QYC, just some information about wrestle-offs. All wrestlers who want to wrestle on either the Varsity or Junior Varsity (JV) team must first wrestle-off with other wrestlers at the same weight class\* to determine who will compete for QYC on Varsity and on JV. Wrestle-offs are held during practice time. Your child may be asked to attend another groups practice to participate in a wrestle-off with a wrestler in that group. Parents are welcome to watch but cannot cheer for or coach their child. After our first match, a wrestler can challenge the JV or Varsity wrestler for his spot. These challenges can be done through the first three weeks or until a wrestler has wrestled in four matches at the same weight on the same team (Varsity or JV). Please see coaches for questions.

## Coaching Staff

<b>Group 1:</b> Paul Edwards	215-538-1745	267-241-9649
<b>Group 2:</b> Scott Frinzi	215-536-7091	215-374-6425
<b>Group 3:</b> Paul Edwards	215-538-1745	267-241-9649
Scott Frinzi	215-536-7091	215-374-6425
Bill Campbell	215-538-9959	

If you have any questions or concerns, please address them with the appropriate coach. If you will miss practice or a match, please let the coaches know as soon as possible.

## QYC Dates to Remember

**11/16:** Groups 3 Practice  
**11/17:** Groups 1 and 2 Practice  
**11/18:** Group 3 Practice  
**11/19:** Groups 1 and 2 Practice  
**11/20:** Group 3 Practice  
**11/23:** Group 3 Practice  
**11/24:** Groups 1 & 2 Practice  
           Group 3 Practice . Strayer Middle School  
**11/28:** **Turkey Duals**  
**11/30:** Group 3 Practice . Shelly  
**12/1:** Group 1 and 2 Practice  
**12/2:** Group 3 Practice

## QYC Shane Leister Memorial Tournament

The QYC Annual Tournament is Sunday, 12/6. All wrestlers are encouraged to enter. This is great fun for everyone including the parents who get involved and volunteer to help. You don't have to know anything about wrestling to help! This event is a **major** fundraiser for the club and its success depends on your involvement as parent volunteers. Sign up sheets will be outside the wrestling room or see a board member to volunteer. Entry forms for wrestlers will be handed out at practice & should be returned to Paul by 11/28. Entry fee is \$15.00. This will be the only fee you will pay during the year for a club sponsored tournament.

## Snack Stand

Help is needed at **ALL** home matches and tournaments. You won't miss your child's match and you will really be helping the organization. Please see Deb Hadley (Group 3) or call her at 215-536-4299.

**VARSITY RESULTS**

	<b>QYC</b>		<b>OPPONENT</b>	
45				
48				
51				
54				
57				
60				
64				
68				
72				
76				
80				
85				
92				
100				
115				
150				

**JV RESULTS**

	<b>QYC</b>	<b>45</b>	<b>CB BLACK</b>	<b>30</b>
<del>42</del>	Tom Lyons	13	Christian Meadows	<b>6</b>
<del>45</del>	Kevin Duffy	9	Aiden Occhipinti	<b>7</b>
<del>48</del>	Bradley Stark	F 1:45	John Finley	
<del>51</del>	Dennis Pierce	F 0:45	Dom Stoughton	
<del>54</del>	Josh Stahl	InjDef	Joe Fasti	
<del>57</del>	Zach Lewis	7	Jakob Lowenthal	<b>8</b>
<del>60</del>	Kevin Reilly		Brendan Dulin	<b>F 1:49</b>
<del>64</del>	Mike Terra	1	Daniel Mignogna	<b>4</b>
<del>68</del>	Joe Haywood	F 1:45	John Fasti	
<del>72</del>	Cullen Williamson	4	Shane Ehlo	<b>3</b>
<del>76</del>	Chase Cordi	F 0:43	Victor Prinzi	
<del>80</del>	Zach Bynum		Max Roberts	<b>F 2:54</b>
<del>85</del>	Doug Koenig		FFT	
<del>92</del>	Alex Lewis	7	Collin Stevens	<b>8</b>
<del>100</del>	Marcus Stoudt	0	Jake Carey	<b>2</b>
<del>115</del>	FFT		Dan Eckles	
<del>150</del>	FFT		FFT	

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