



QYC News

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Message from Coach Paul

Congratulations to both the JV and Varsity for wins this past weekend against Northwestern.

This **Sunday, February 7th** – QYC will be paying for **Exhibition** to attend the Souderton tournament. If you haven't gotten a form yet, please see Coach Paul and turn it in ASAP. If you are unable to get it to Paul by tonight, please call him and let him know if your child will be participating.

All JV and Varsity wrestlers will be going to the Pleasant Valley match that day.

REMINDER: TEAM PICTURES THIS WEDNESDAY, FEBRUARY 3RD – SEE INFORMATION BELOW

QYC Team Schedule

JV AND VARSITY

Sunday, February 7th, QYC vs. Pleasant Valley @ Pleasant Valley Intermediate

Location: Pleasant Valley Intermediate

Weigh-In: 9:30 a.m.

We will meet at the Quakertown Turnpike Park and Ride at 8:30 a.m.

Directions: Take 476 North . Exit 74 (Mahoning Valley). Merge onto US-209 North toward Stroudsburg. Turn left onto HTY Road, Turn Right onto Polk Township Road. School is on Polk Township Road.

Sunday, February 7th – EXHIBITION

QYC will be paying for Exhibition wrestlers to attend the Souderton Tournament. Please see coach for forms. Information must be given to coach Paul by 2/1/10

Upcoming Dates:

Sunday February 14th ó *JV and Exhibition* League Tournament at Pleasant Valley High school ó more info to follow

Sunday February 21st ó *Varsity* League Tournament at Souderton ó more information to follow.

Sunday, February 28th ó Penridge Tournament

Coaching Staff

Group 1: Paul Edwards 215-538-1745 267-241-9649

Group 2: Scott Frinzi 215-536-7091 267-374-6425

Group 3: Paul Edwards 215-538-1745 267-241-9649

Scott Frinzi 215-536-7091 267-374-6425

Bill Campbell 215-538-9959 215-290-1239

If you have any questions or concerns, please address them with the appropriate coach. If you will miss practice or a match, please let the coaches know as soon as possible.

QYC Dates to Remember

2/1: Group 1 and 2 Practice

2/2: Group 3 Practice

2/3: Team Photos

2/4: Group 3 Practice

2/5: Group 1 and 2 Practice

Group 3 Practice - Shelly's – 6:30 p.m.

2/7: **Souderton Novice Tournament / Exhibition Pleasant Valley Dual Meet / JV and Varsity**

2/8: Group 1 and 2 Practice

2/9: Group 3 Practice

2/10: Group 1 and 2 Practice

2/11: Group 3 Practice

2/12: Weigh Ins . TBA

2/14: **JV/Exhibition League Tournament @ Pleasant Valley High School**

2/16: Group 3 Practice

2/17: Group 1 and 2 Practice

2/18: Group 3 Practice

QYC TEAM PICTURES:

Wednesday, February 3rd: **Exhibition** - 6:15 p.m., **JV** . 6:45 p.m. and **Varsity** . 7:00 p.m. Wear your singlet and wrestling shoes. Bring your order form and payment (if you didn't get an order form, please see Coach Paul ASAP)

QYC Annual Awards Banquet

Will be held on Sunday, March 14th at the Meadows in Hellertown. More information to follow.