



QYC News

www.quakertownwrestling.com

November 28, 2011

Message from Coach Scott

Congratulations on a great start to our wrestling season. Our Black Team came in 2nd place overall at the Turkey Duals and our Blue Team did a great job as well.

This weekend will be another busy weekend for us at QYC. This Saturday the 3rd we will be having our Exhibition Match vs. Liberty at QHS. Report time is promptly at 2pm. After our Exhibition match we encourage our Group 1 and Group 2 parents to stay and assist us in setting up for the Shane Leister Memorial Tournament which is being held on Sunday the 4th.

QYC wrestlers can weigh in on Saturday between 3:30 – 5pm while their parents help us set up as well. Sunday we will have weigh ins between 6:30 – 8 am for those wrestlers that did not weigh in on Saturday afternoon.

Lastly please note the change of days practice is scheduled in the month of December. Group 1 and Group 2 will practice on Mondays and Wednesdays and Group 3 will practice on Tuesdays and Thursdays and some Fridays. All Friday practices will be scheduled from 6:15 – 7:30 pm.

SNACKSTAND VOLUNTEERS NEEDED: Volunteers for snack stand are needed at all home matches. Please see the signup sheet in the hallway in front of the wrestling room or contact Jen Stover at 5stovers@comcast.net to let us know when you can help. Shifts are scheduled in 2 hour increments and we make arrangements to cover you so you may see your child wrestle.

TABLE HELP NEEDED: Just as volunteers are needed for snack stand, we need volunteers to man all tables during QHS Home events. Shifts are scheduled in 2 hour increments and we make arrangements to cover you so you may see your child wrestle. Please see signup sheets in front of wrestling room or contact Tim Mallo at tkmallo@comcast.net to let us know what shift you can take.

Coaching Staff

Group 1: Scott Frinzi 267-374-6425
Group 2: Paul Edwards 267-241-9649
Group 3: Scott Frinzi 267-374-6425

If you have any questions or concerns, please address them with the appropriate coach. If you will miss practice or a match, please let the coaches know as soon as possible.

QYC Dates to Remember

11/28 – Group 3 Practice
11/29 - Group 1 & 2 Practice
11/30 – Group 3 Practice
12/1 – Group 1 & 2 Practice
12/2 – Group 3 Practice
12/3 – Exhibition Match @ QHS vs. Liberty – 2pm sharp
12/4 – Shane Leister Tournament @ QHS... 6:30-8 am weigh ins
12/5 – Group 1 & 2 Practice
12/6 – Group 3 Practice
12/7 – Group 1 & 2 Practice
12/8 – Group 3 Practice
12/9 – Group 3 Practice

NIGHT AT THE RACES: This is a big fundraiser for QYC. We will be out soliciting local businesses for donations to raffle off. If you are interested in helping or have something you would like to donate, please see a coach or board member.

UPCOMING MATCH SCHEDULE:

12/3 – Exhibition Match – QYC vs. Liberty @ QHS – 2pm report
12/4 – Shane Leister Memorial @ QHS – weigh ins 6:30-8 am
12/11 – QYC @ Notre Dame – 12:15 pm weigh ins
12/17 – QYC @ Upper Perk w/ Pleasant Valley – 9 am weigh ins