



QYC News

www.quakertownwrestling.com

January 9, 2012

Message from Coach Scott

Varsity wrestled well this weekend at Pennridge, but has to continue to work hard in practice. I want to emphasize how important sportsmanship is in the sport of wrestling. Win or lose, we must keep our composure hold our heads up high, and shake hands like gentlemen after the match. Going forward, any unsportsmanlike conduct resulting in a team point deduction or disqualification will result in a one match suspension for the wrestler. JV looked impressive with a convincing win and our exhibition wrestlers continue to improve each week. I am proud of all the hard work and effort from every wrestler.

This Saturdays match is against West Bethlehem. The location is: [Clearview Elementary School](#)

2121 Abington Road
Bethlehem, PA 18108

Exhibition wrestlers whose last name begins with the letters A-K will wrestle on Saturday vs. West Bethlehem.

Arrival for Exhibition, JV and Varsity is 9:00 AM. Exhibition will wrestle right away. JV and Varsity will weigh in at 9:30 and wrestle at 10:00AM

Sundays match is against Salisbury. The location is:

[Salisbury High School](#)
500 East Montgomery St
Allentown, PA 18103

Exhibition wrestlers with last names ending in L-Z will wrestle on Sunday vs. Salisbury.

Arrival for Exhibition wrestlers is 11:00 AM. They will wrestle after JV Varsity.

Arrival time for JV and Varsity is 8:45 AM. Weigh in at 9:00 AM
Wrestle 9:30 AM.

Senior Night: on Wednesday January 25th we will recognize our 6th graders during the High School match between QHS and North Penn. You will need a ticket to attend. Coaches will have tickets which are \$2 each. 6th Graders should have received a questionnaire that is due by the 16th. On this night, if you attend, please show your support and wear your JV/Varsity jacket or Exhibition Sweatshirt. See a coach that week to provide.

NIGHT AT THE RACES: Jan. 28, 2012- Benner Hall

This is a big fundraiser for QYC. Tickets are now available! We will have a Roast Beef and Turkey dinner, dancing, horse racing, raffles for door prizes, beer and soda. BYOB – PLEASE no large coolers. Tickets are \$17 each and get your horses bought now for \$5 ea. See any board member for tickets.

Coaching Staff

Group 1: Scott Frinzi 267-374-6425
Group 2: Paul Edwards 267-241-9649
Group 3: Scott Frinzi 267-374-6425

If you have any questions or concerns, please address them with the appropriate coach. If you will miss practice or a match, please let the coaches know as soon as possible.

QYC Dates to Remember

1/14 – QYC @ West Bethlehem 9 am arrival

1/15- QYC @ Salisbury 8:45 am arrival, Exhibition 11am arrival

1/16 – Group 1 & 2

1/17- Group 3

1/18- Group 1 & 2

1/19 – Group 3

1/20 – NO GROUP 3 PRACTICE

1/22 - QYC vs. East Side Youth Center and Souderton @ QHS – report 11:30am / 12pm weigh in Exhibition will wrestle at 11:30am

HOME EVENT: We will be back home on January 22nd and need volunteers for the tables as well as the snack stand. PLEASE sign up. We will make sure that all parents have the opportunity to watch their sons wrestle. Also – JV and Varsity Parents if you have not yet signed up for a match to take uniforms home , PLEASE see Coach Scott or Jen Stover about what dates still need filling. Thanks for your support!

UPCOMING MATCH SCHEDULE:

1/14 – QYC @ West Bethlehem (Clearview School) 9:30 weigh ins

1/15 – QYC @ Salisbury 9 am weigh ins , Exhibition 11:30

1/22 - QYC vs. East Side Youth Center and Souderton @ QHS – report 11:30am weigh ins; Exhibition will wrestle at 11:30am

1/29 – QYC @ Allen – TBD