



# QYC News

[www.quakertownwrestling.com](http://www.quakertownwrestling.com)

December 19, 2011

## **Message from Coach Scott**

Congratulations to our wrestlers for 2 more wins against Upper Perk and Pleasant Valley. Practice will be on the normal schedule this week with no practice this Friday. Please note **THERE WILL BE NO GROUP 1 & 2 PRACTICES THE WEEK OF CHRISTMAS – NEW YEARS. This also applies for Monday January 2<sup>nd</sup> when the High School is still closed.** Group 3 will practice at Palisades HS at 6 pm on 12/27 and at Forks at 6 pm on 12/29. The address for Forks is 3417 Sullivan Trail , Easton PA.

The 10<sup>th</sup> Annual Palisades Winter Break Wrestling Tournament is scheduled for Saturday, December 31<sup>st</sup> for any wrestlers interested in signing up. This is not a team event but a tournament. You can find the sign-up sheet on the [www.pywrestling.com](http://www.pywrestling.com) website.

**HIGH SCHOOL EVENTS:** It should be noted that sometimes during wrestling practice there are High School basketball or wrestling matches. Please note that these events require admission. Parents that have children practicing may not watch for free. Also please use the proper door for entering the events.

## **CHILD SUPERVISION:**

We must be courteous to those that are using the downstairs and upstairs gyms for their own sporting events. Please do not allow children to run around the school without your supervision. This in the past has been a problem and we want to ensure this year we respect the other athletes during their games and practices.

## **Coaching Staff**

**Group 1:** Scott Frinzi 267-374-6425  
**Group 2:** Paul Edwards 267-241-9649  
**Group 3:** Scott Frinzi 267-374-6425

If you have any questions or concerns, please address them with the appropriate coach. If you will miss practice or a match, please let the coaches know as soon as possible.

## **QYC Dates to Remember**

**12/19** – Group 1 & 2  
**12/20** – Group 3  
**12/21** – Group 1 & 2  
**12/22** – Group 3  
**12/27** – Group 3 @ Palisades High  
**12/29** – Group 3 @ Forks (address to follow)  
**1/2 - NO PRACTICE – SCHOOL CLOSED**  
**1/3** – Group 3  
**1/4** - Group 1 & 2  
**1/5** – Group 3  
**1/6** – Group 3  
**1/8** – QYC @ Pennridge Exhibition report 8 am, arrival for teams TBD

## **INCLEMENT WEATHER:**

In the event that there is bad weather and school has early dismissal or cancellation, practice that evening will be cancelled as well. Please refer to QYC website for confirmation in such events.

## **UPCOMING MATCH SCHEDULE:**

**12/30** – Nazareth Duals @ Nazareth HS (two K-6<sup>th</sup> teams) – TBA  
**1/8** – QYC @ Pennridge – Exhibition report 8 am, Team arrival time TBD  
**1/14** – QYC @ West Bethlehem (Clearview School) 9:30 weigh ins